

Salt n' Peppa Cowl

A simple cowl using a few charts of stranded techniques



Yarn: You will need one solid darker color. I used Cascade's 220 Sport purchased at Black Sheep Wool Company in Salt Lake City, and some homespun or heathered yarn, I'm guessing about 150 yards.

Gauge: 24 stitches = 4 inches, 28 rows = 4 inches. Gauge is not critical, but if your gauge is vastly different, then you'll end up with a different sized cowl. My cowl measures 10" deep and has a circumference of 23". If you play in the NFL, this cowl will probably not fit you!

Needles: Size 6 circular needles (16" long), and a tapestry needle to weave in loose ends, and some stitch holders.

Pattern Notes: Ribbed bottom, stranded middle, and a ribbed top

How to knit this cowl:

Bottom: With circular needles cast on 140 stitches with the main color (I used the Light Gray heathered homespun) join to work in the round. Then knit two rounds. Work in 2x2 ribbing (K2, P2 across round) for 7 rounds, and knit 1 round.

Chart 1: Knit the 9 rows of chart one, (charts are read and knitted from right to left), completing chart a total number of 14 times across the row (14 times, 10 stitches, = 140 stitches)

										9
										7
										5
										3
										1

Knit 3 rows with the lighter color

Chart 2: Knit the 3 rows of the following chart:

Knit 1 row with the lighter color.

Chart 3: Knit the following chart:

Knit 1 row with the lighter color.

Chart 4:

Knit 3 rows with the lighter color.

Then knit all charts in reverse order: knit chart 4 (from top to bottom, but still from right to left), knit one row with the lighter color, knit chart 3 (from top to bottom, right to left), knit 1 row with lighter color, knit chart 2

(from top to bottom, right to left), knit 3 rows with the lighter color, knit chart 1 (from top to bottom, right to left), knit 1 row with the lighter color, work 7 rows of 2x2 ribbing, knit 2 rounds, then bind off!



One Last Note: I purchased the lighter color for 70 cents at a thrift store. I couldn't resist! It had no label and was wound on some cardboard tubing. I'm assuming it's homespun.