

Thaynes Canyon Cowl

Thaynes Canyon Cowl is named after a canyon which connects to Millcreek Canyon outside of Salt Lake City. At the beginning of the trail, most people head right to the Salt Lake City overlook trail. But going left on the trail takes hikers to the less traveled Thaynes Canyon, a beautiful hike on a mostly tree-covered trail. We were hiking this trail the day I finished this, so the cowl is named after a hike we took after we photographed the project! The free knitting pattern is below:



Cowl or neck warmer made in a simple 2 x 2 ribbing with about 100 grams of yarn.

Materials: About 100 grams of Bulky Yarn (I used 2 colors Brown Sheep's Nature Spun Chunky leftovers from some slippers I made for Christmas presents), Size 10.5 circular needles, 29" long, tapestry needle.

Pattern: Cast on 80 stitches; I suggest you search Youtube for "super stretchy cast on." Join in the round, being careful not to twist stitches on this first round.

Work in 2 x 2 ribbing (Knit 2, Purl 2) until piece measures approximately 6.5 inches. I knit 2 rows of the main color, and 2 rows of the contrast color, not cutting the yarn, but carrying it up the back. When I ran out of the contrast color, I continued knitting the main color until I only had enough for a stretchy bind off.

Bind off using a super stretchy bind off (once again, youtube is useful here). You'll want both the cast on and bind off to be stretchy. The ribbing stitch will help the edges of the cowl keep its shape.



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