Sofa Support
By Nancy Wilson

Pillow #1:

Materials:

- 2 Skeins Wisdom Yarns Forte in colorway 1004 "Amazon." You can also use Malabrigo Rasta, Malabrigo Caracol, or any super bulky yarn that measures about 5-6 wraps per inch with an approximate gauge of 9 stitches to 4 inches (or 10cm.). Less expensive options are: Lion Brand Hometown or Wool Ease Thick & Quick.
- Size 13 needles
- 1 tapestry needle
- 1 Pillow form measuring 12" x 18" (about 30.5cm x 46cm.)

Gauge: 8 stitches and 12 rows = 4" If you know that your gauge is loose use a smaller needle, maybe size 11's. Conversely, if you're a tight knitter, use a larger needle like size 13's. Additionally, the row gauge isn't critical, because if it is not exactly 12 rows per 4", you can continue knitting until the desired length has been knitted, or stop knitting sooner if your row gauge is less than 12 rows per 4".

Pattern Stitch: Seed Stitch all rows: ROW 1 and all rows: Slip the first stitch purl-wise, *k1, p1* repeating between *s across the row until 1 stitch remains. Knit into the back of this last stitch.

Edge Treatment: *Super-important for a neat edge:* at the beginning of every row, slip the first stitch purlwise. At the end of every row, knit into the back of the last stitch. Doing this makes it easy to see how to knit the edges together over the pillow form.

Pattern: Side 1:

- Cast on 25 stitches.
- ROW 1: begin the seed stitch pattern by slipping the first stitch purlwise, *K1, P1* repeat between *s across the row until one stitch remains. Knit into the back of this last stitch. Knit for a few inches and measure to make sure your piece will (if stretched slightly) fit across your pillow form. If your piece doesn't seem wide enough, begin again by adding an even number of stitches. Or if your piece is too wide, begin again by subtracting an even number of stitches.
- ROW 2 and all following rows: repeat ROW 1. Stop and check the edge stitches to ensure they are forming a nice little chain along the edge (check out the photos below. Continue until the piece measures 17 inches long (you're going to stretch it over the pillow form…going for a tight fit here!)
- Bind off (2-stitch normal bind-off), cutting an 8" tail.

Side 2: Repeat all steps, bind off *but don't cut your remaining* yarn!

Knit the Pillow Together:

- Place the two sides of the pillow together.
- Using your knitting needles, insert one needle into the corner chain stitch of both sides (see photos), knit a stitch; knit another stitch in the same manner, and then pass the first stitch over the second stitch, similar to a bind off, except you are joining the two sides of the pillow together.
- Continue along the first side, sewing the pillow pieces together using the pseudo-bind-off technique.
- Continue joining three sides, and then push the pillow form into the pocket you have created.
- Finally, join the fourth side together using the same bind-off technique described above.
- Artfully weave in all loose ends so they can't be seen.

- Make corner tassels with any leftover yarn. For each corner, I took 4 pieces of 10" yarn, threaded them through the corner, tied them all in a knot, and then tied each end individually. Check out the photos at the beginning of the pattern to see the tassels.

Pillow #2:

Materials:

- Approximately 180 yards of a Super Bulky yarn (5 or 6 wraps/inch). I used 2 skeins of Wisdom Poems Forte, 100% wool, Super Bulky, 90 yards per skein) 1004 "Amazon.
- Size 13 needles
- 1 tapestry needle
- 1 Pillow form measuring 12" x 18" (about 30.5cm x 46cm.)

Gauge: 8 stitches and 12 rows = 4" If you know that your gauge is loose use a smaller needle, maybe size 11's. Conversely, if you're a tight knitter, use a larger needle like size 13's. Additionally, the row gauge isn't critical, because if it is not exactly 12 rows per 4", you can continue knitting until the desired length has been knitted, or stop knitting sooner if your row gauge is less than 12 rows per 4".

Pattern Stitch: Seed Stitch all rows: ROW 1 and all rows: Slip the first stitch purl-wise, *k1, p1* repeating between *s across the row until 1 stitch remains. Knit into the back of this last stitch.

Edge Treatment: *Super-important for a neat edge:* at the beginning of every row, slip the first stitch purlwise. At the end of every row, knit into the back of the last stitch. Doing this makes it easy to see how to knit the edges together over the pillow form.

Pattern: Side 1:

- Cast on 37 stitches.
- ROW 1: begin the seed stitch pattern by slipping the first stitch purlwise, *K1, P1* repeat between *s across the row until one stitch remains. Knit into the back of this last stitch. Knit for a few inches and measure to make sure your piece will (if stretched slightly) fit across your pillow form. If your piece doesn't seem wide enough add an even number of stitches. Or if your piece is too wide, subtract an even number of stitches.
- ROW 2 and all following rows: repeat ROW 1 until the piece measures ___ inches long. Stop and check the edge stitches to ensure they are forming a nice little chain along the edge.
- Bind off (2-stitch normal bind-off), cutting an 8" tail.

Side 2: Repeat all steps, bind off *but don't cut your remaining* yarn!

Knit the Pillow Together:

- Place the two sides of the pillow together.
- Using your knitting needles, insert one needle into the corner chain stitch of each side (see photos), knit a stitch; knit another stitch in the same manner, and then pass the first stitch over the second stitch, similar to a bind off, except you are joining the two sides of the pillow together.
- Continue along the first side, sewing the pillow pieces together using the pseudo-bind-off technique.

- Continue joining three sides, and then push the pillow form into the pocket you have created.
- Finally, join the fourth side together using the bind-off technique.
- Artfully weave in all loose ends so they can't be seen.
- Make corner tassels with any leftover yarn. For each corner, I took 4 pieces of 10" yarn, threaded them through the corner, tied them all in a knot, and then tied each end individually.
- Enjoy these patterns! Please abide by the rules of copyright and regard this as your personal copy that can't be sent on to friends. ©Nancy Wilson Designs

Pillow #3:

Materials:
- 2 Skeins Malabrigo Caracol, (100% merino wool, Super Bulky, 90 yards per skein) in colorway Sunset 96.
- Size 13 needles
- 1 tapestry needle
- 1 Pillow form measuring 11" x 17"

Gauge: 10 stitches and 16 rows = 4" If you know that your gauge is loose use a smaller needle, maybe size 11's. Conversely, if you're a tight knitter, use a larger needle like size 13's as suggested, or even 15s.

Pattern Stitch: Seed Stitch all rows: ROW 1 and all rows: Slip the first stitch purl-wise, k1, p1 across the row until 1 stitch remains. Knit into the back of this last stitch.

Edge Treatment: _Super-important for a neat edge and easy finishing:_ for every row, slip the first stitch purlwise and knit into the back of the last stitch. Doing this makes it easy to see how to knit the edges together over the pillow form.

Pattern: Side 1:
- Cast on 27 stitches.
- ROW 1: begin the seed stitch pattern by slipping the first stitch purlwise, *K1, P1* repeat between *s across the row until one stitch remains. Knit into the back of this last stitch. Knit for a few inches and measure to make sure your piece will (if stretched slightly) fit across your pillow form. If your piece doesn't seem wide enough add an even number of stitches. Or if your piece is too wide, subtract an even number of stitches.
- ROW 2 and all following rows: repeat ROW 1 until the piece measures ___ inches long. Stop and check the edge stitches to ensure they are forming a nice little chain along the edge.
- Bind off (2-stitch normal bind-off), cutting an 8" tail.

Side 2: Repeat all steps, bind off *but don't cut your remaining* yarn!

Knit the Pillow Together:

- Place the two sides of the pillow together.

- Beginning in the corner with your attached yarn and using your knitting needles, insert one needle into the corner chain stitch of each side (see photos in pillow #1), knit a stitch; knit another stitch in the same manner, and then pass the first stitch over the second stitch, similar to a bind off, except you are joining the two sides of the pillow together.

- Continue along the first side, sewing the pillow pieces together using the pseudo-bind-off technique.

- Continue joining three sides; then push the pillow form into the pocket created.

- Finally, join the fourth side together using the bind-off technique. (See photos in pillow #1.)

- Artfully weave in all loose ends so they can't be seen.

- Make corner tassels with any leftover yarn. For each corner, I took 4 pieces of 10" yarn, threaded them through the corner, tied them all in a knot, and then tied each end individually.

If ever you need to freshen up these pillows, just throw them in a low heat dryer with a dryer sheet or a spray of Febreeze.